

FOR IMMEDIATE RELEASE October 2004

Whole Health Opens ABX Air Employee Health Care Center

Wilmington, OH- ABX Air Inc., (OTC/BB: <u>ABXA</u>) announced the grand opening of an on-site healthcare center located at ABX Air's Wilmington, Ohio, headquarters. Ohio Governor Robert Taft was on hand to cut the grand opening ribbon. Operated by Whole Health Management of Cleveland, Ohio, the center will serve ABX Air employees and their families.

The state-of-the-art, 12,000- square-foot medical facility will provide ABX Air's Wilmington based employees and their families with high quality, convenient and affordable healthcare. The facility will be Whole Health's largest.

"We are exited to offer this new benefit to our employees," said Gene Rhodes, Vice President of Human Resources for ABX Air. "Providing convenient and affordable healthcare for our employees helps ABX Air in recruiting and retaining high caliber employees to our workforce."

Whole Health Management's range of services at the medical center will include: primary care for both personal and work-related injuries and illnesses, physical therapy, case management, x-rays, laboratory services, medical surveillance exams and testing, drug testing, urgent care, preventive health services and information system reporting.

"We look forward to becoming a part of the ABX Air family," said Jim Hummer, President and CEO of Whole Health Management. "We are committed to providing the highest quality health at affordable prices to ABX Air employees and their families. At the same time, we will provide preventive health and wellness programs that will produce a healthier and more productive work force as well."

About Whole Health Management

Whole Health has been in business since 1981, providing integrated occupational health, urgent, preventive and primary care, physical therapy, employee assistance counseling, wellness and fitness services.

Whole Health has more than 500 associates working at onsite health and fitness centers for 28 client organizations at 64 sites. These on-site health and fitness centers, located in fourteen states, the District of Columbia, and Guam, serve more than 200,000 employees, and in some cases, their spouses and dependents. Whole Health's onsite health and fitness centers are designed to optimize employee health and productivity. For more information please visit *wholehealthnet.com* or contact Sara Crate, vice president, business development at 503.274.0911 or *scrate@wholehealthnet.com*.

About ABX Air

ABX Air is a cargo airline with a fleet of 116 aircraft that operates out of Wilmington, Ohio, and 17 regional hubs throughout the United States. In addition to providing airlift capacity and sort center staffing to DHL, ABX Air provides charter and maintenance services to a diverse group of customers. With over 7,000 employees, ABX Air is the largest employer in a several-county area in southwestern Ohio. For more information, visit www.abxair.com.